

# August/September 2018 Columbia Falls Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
 <b>ALL MEALS SERVED WITH MILK</b>			August 30 Deli sandwiches or peanut butter and jelly sandwich  Sides: Lettuce salad, chips, baked beans and assorted fruits	August 31 Cheeseburger or beef hotdog  Sides: Lettuce salad, potato salad, baby carrots and assorted fruits
3 Labor Day No school	4 Taco nachos or a beef and bean burrito  Sides: Shredded refried beans, tomatoes, cheese, corn chips and assorted fruits	5 Sweet and sour chicken, or popcorn shrimp  Sides: Rice, broccoli, baby carrots and assorted fruits	6 Spaghetti and meat sauce or spaghetti with alfredo sauce  Sides: Caesar salad, Assortment of fruits and vegetables	7 Chicken patty sandwich or fish sticks  Sides: Assortment of fruits and vegetables
10 Breakfast for lunch or chef salad  Sides: Tri patty, assorted fruits	11 Chicken noodle soup with string cheese or yogurt  Sides: mixed greens salad, baby carrots, assorted fruits, dinner roll	12 Corn dog or a grilled chicken sandwich  Sides: French fries, mixed salad, assorted fruits	13 Pizza or meatball sub  Sides: Mixed salad greens cucumbers, assorted fruits	14 Cheeseburger or beef hotdog  Sides: Assortment of fruits and vegetables
17 Philly steak sandwich or tuna fish sandwich  Sides: Seasoned Potato wedges, shredded lettuce, bell peppers and assorted fruit	18 Taco nachos or quesadilla  Sides: Shredded lettuce, refried beans, tomatoes, cheese, corn chips and assorted fruits	19 Deli sandwich or peanut butter and jelly sandwich  Sides: Potato salad, lettuce salad and assorted fruits	20 Cheese filled bread stick or ham sandwich with tomato soup  Sides: Caesar salad, celery sticks and assorted fruits	21 Chicken tenders or fish sticks  Sides: Assortment of fruits and vegetables
24 Macaroni and cheese with corn dog nuggets or turkey sandwich  Sides: Lettuce salad, celery sticks, baby carrots, assorted fruits	25 Chicken fajita or soft shell taco  Sides: shredded lettuce, bell peppers, refried beans, tomatoes, assorted fruits	26 chicken nuggets or peanut butter and jelly sandwich  Sides; lettuce salad, cucumbers, baby carrots and assorted fruits	27 Pizza or grilled chicken sandwich  Sides: Assortment of fruits and vegetables	28 Cheeseburger or ham sandwich  Sides: Assortment of fruits and vegetables